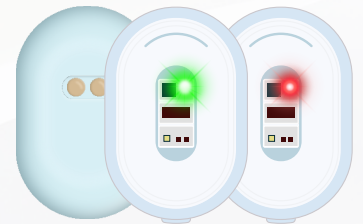


TipTraQ Patient Setup Guide

1 Check the Battery of Your Sensor

Take the TipTraQ sensor out of the charging case and check the indicator light:

- **Green Light:** The sensor is charged and ready to use.
- **Red Light:** Charge the sensor for at least 2 hours before starting your sleep test.



2 Download the TipTraQ Companion App

Scan the QR code to download the **TipTraQ Companion app** from the App Store or Google Play.

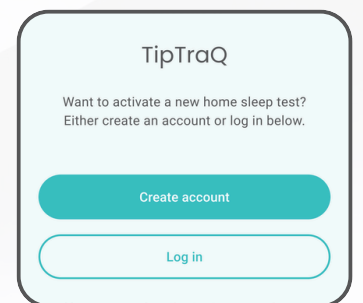
Open the app, and **allow Bluetooth connection** to continue.



3 Create an Account

On the welcome screen, you can:

- **Create a new account** — if it's your first sleep test.
- Or **log in** to your existing account.

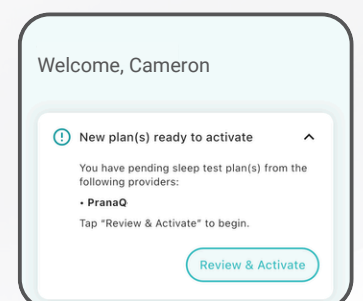


4 Review and Activate Your Sleep Test

After creating an account, you'll see a pending sleep test prescription linked to your account.

Tap **"Review and Activate"** to continue.

Don't see a test? Contact your healthcare provider to verify your details.



5 Finish Your Sleep Survey(s)

Before starting your sleep test, you'll **fill out** a short **sleep survey(s)** assigned by your provider.

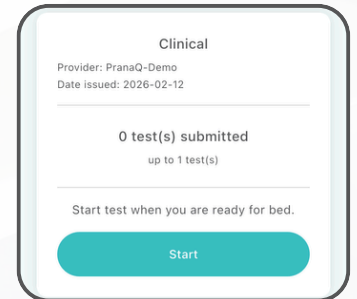
Complete all assigned surveys to proceed with your test.



6 Begin Sensor Setup

After completing your surveys, you will see the **"Start"** button on the app home screen.

Tap the button to begin setting up your TipTraQ device.



7 Prepare Your Equipment

Before you begin, make sure you have the following items ready:

- TipTraQ device
- Charging case
- Your smartphone
- Charging cable for your smartphone

Follow the in-app instructions to proceed.



8 Pair the Sensor

Find the Sensor ID printed on the side of the device.

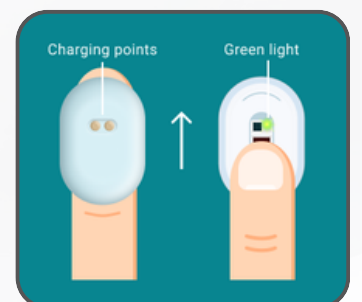
On your screen, you will see a list of nearby sensors.

Tap the matching Sensor ID and select **"Connect"** to proceed.



9 Wear the Sensor

Place the sensor on the ring finger of your non-dominant hand. Then, follow the instructions and illustration shown in the app.



10 Get Ready for Your Sleep Test

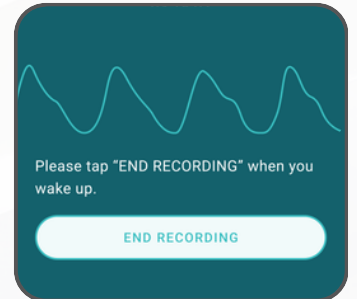
- **Plug in and charge** your phone overnight with the app open.
- Place your phone face down on your bedside table to avoid sleep disruption from the screen light.
- Review the final reminders in the app.
- Turn **Sound Analysis ON** if you'd like to analyze your snoring.

When ready, press **"Start recording"** to begin the sleep test.



11 End the Recordnig

After waking up in the morning, tap **"End recording"** to complete your sleep test.



12 Upload Your Sleep Data

Proceed to upload your sleep data.

Follow the in-app instructions for succesfull data upload.

Your sleep report will be automatically sent to your provider. They will review your results and instruct you on the next steps.



Watch the setup video

Scan the QR code to follow along step by step.

